

## BBC - 1/5/25 – Home Bible Study Outline: “**Body -vs- Blood**” – [John 6:53-54...69](#)

The **Ordinance of Communion**, also referred to as the ‘Holy Supper,’ ‘Lord’s Supper,’ is celebrated by ingesting bread & wine; the 2 elements which represent the Lord’s Body & Blood sacrificed for us.

The [John 6:53-54](#) passage is still one of the *most difficult* for believers to grasp ([v.60](#)); and many of Jesus’ disciples in His day stopped following Him after He declared it ([v.66](#)). Because of this...

- Early Christians were persecuted & prosecuted by governmental authorities for ‘*cannibalism*’;
- The Roman Catholic Church developed the doctrine of Transubstantiation (*when consecrated and ingested, the bread & wine elements actually turn into Christ’s body & blood*);
- Some Protestants adhere to the doctrine of Consubstantiation (*Jesus’ body & blood are present & coexist within the natural elements of bread & wine*);
- Still others dismissed these passages as metaphoric – rendering the elements as *purely symbolic*.
- We’re called to partake of Christ’s Communion, but NOT ingest other blood... [Gen 9:3-4](#); [Acts 5:20](#)

**More recently**, some leading figures (*John MacArthur*) further muddied the issue by proclaiming that we’re **not** saved by the Blood of Christ (“*Blood,*” he says, *is used parabolically, only to fulfill Old Testament terminology*) – Salvation is only achieved by Jesus’ Bodily death & resurrection, and not by “*bleeding.*”

- The Ordinance of Communion requires both bread & wine equally. We can’t exalt or minimize one element over the other. There could be no salvation without *both* the Blood & Body of Jesus Christ; both fully and equally essential to the divine process of mankind’s redemption.
- Jesus Himself specifically used the elements of *bread & wine* as representatives of His *Body & Blood* when He initially instituted the Ordinance.
- So, how are we saved through Christ’s substitutionary sacrifice?
  - Jesus’ **Body** was prepared, set apart & sacrificed. That offering brought *healing, reconciliation* & the removal of our sins, satisfying the requirements for salvation, & ultimate resurrection.
  - The shedding of Jesus’ **Blood** purchased for us absolution; which is the release of sin-guilt! We receive justification, sanctification, redemption, the peace of intimacy & communion w/God!
- Jesus didn’t die by bleeding to death on the Cross. But our salvation required for Christ to both shed His Blood, and then Bodily die & resurrect (*one without the other would have been insufficient*).
- So, what does all this “eating & drinking” mean for us in a practical way?? ...
  - We must not celebrate superficially (*merely outwardly observe the ordinance*);
  - We must have received in us His life impartation of salvation in order to acceptably participate.

**Jesus’ BODY**; Jesus’s Body was Prepared, Consecrated & Sacrificed for us:

**Prepared:** [Heb 10:5-6](#)

**Consecrated:** [Heb 10:20](#)

**Sacrificed:** [Eph 5:2](#); [1 Peter 2:24a](#)

- Jesus’ sacrificed **Body** brought us Reconciliation, Sanctification, Healing, and future Resurrection!

**Reconciliation:** [Col 1:21-22](#); [Eph 2:16](#)

**Sanctification:** [Heb 10:10](#)

**Healing:** [Isa 53:5](#); [1 Peter 2:24b](#); [Matt 8:16-17](#)

**Resurrection:** [Rom 6:4](#); [1 Cor 15:4, 44](#); [Col 2:12](#)

**Jesus’ BLOOD**... we’ve been Purchased, Justified, Sanctified, & Redeemed

**Purchased:** [Acts 20:28](#)

**Justified:** [Lev 17:11](#); [Matt 26:28](#); [Luke 22:20](#); [Rom 3:25, 5:8-9](#); [Heb 9:12, 22](#); [1Jn 1:7](#); [Rev 1:5, 7:14](#)

**Sanctified:** [Heb 13:12](#); [1Pet 1:2](#)

**Redeemed:** [Eph 1:7](#); [Col 1:13-14](#); [Heb 9:12,20](#)

- JC’s **Blood** has procured for us Peace with God & brought us Close to Him, enabling Communion

**Peace:** [Col 1:20](#)

**Closeness:** [Col 1:21](#); [Eph 2:12-13](#)

**Communion:** [1 Cor 10:16a](#); [Heb 10:19](#)

## Communion

Matt 26:26 – And as they were eating, Jesus took **bread**, (*prepared*)  
and blessed it, (*consecrated*)  
and brake it, (*sacrificed*)  
and gave it to the disciples,  
(*provided reconciliation, sanctification, healing, resurrection*)  
and said, **Take, eat; this is my body.**

Matt 26:27-28 – And He took the **cup**, and gave thanks, and gave it to them,  
saying, **Drink ye all of it;**  
**For this is my blood of the new testament,**  
**which is shed for many for the remission of sins.**  
(*purchased, justified, sanctified, redeemed,*  
*producing peace, closeness, communion*)

26:30 – And when they had sung an hymn, (*continued in prayer & worship*)  
they went out into the mount of Olives. (*the last-days Church-Age journey*)